

## BCRPA PRE-APPROVED WORKSHOPS

### Important Notice:

Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, ***the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses.*** All inquiries, registrations and any other issues are to be referred directly to the course providers.

Location	Date	Workshop Title	Contact	Phone	CECs	Website
Virtual Live Fort Langley	Sept 15 & 22 2024	Teaching Safe & Accessible Chair Yoga - Part 1	Grove Yoga School	(604) 836-0424	8	<a href="http://groveyogaschool.ca">groveyogaschool.ca</a>
Virtual Live Vancouver	May 25 2024	Pilates Fitness Level Two	Lela D Pilates	(604) 318-3326	12	<a href="http://www.leladpilates.com">www.leladpilates.com</a>
South Surrey	June 8 2024	Inspire Summit	Ingrid Knight-Cohee/Fitness World		5	<a href="http://www.fitnessworld.ca/">http://www.fitnessworld.ca/</a>
Virtual -Live Fort Langley	Oct 20 and 27 2024	Teaching Safe & Accessible Chair Yoga - Part 2	Grove Yoga School	(604) 836-0424	1.5	<a href="http://www.groveyogaschool.ca">www.groveyogaschool.ca</a>
Vancouver	On request	BCWBS Wheel Workshop	BC Wheelchair Basketball Society	604-787-2822	3	<a href="https://www.bcwbs.ca/">https://www.bcwbs.ca/</a>
Smithers	June 10 2024	AquaFit -Jump into the Deep w/Monica Thomson	<a href="mailto:info@bvpool.com">info@bvpool.com</a>	250-847-4244	2	<a href="http://www.bvpool.com">www.bvpool.com</a>
Smithers	June 10 2024	AquaFit- Functional Exercises w/Monica Thomson	<a href="mailto:info@bvpool.com">info@bvpool.com</a>	250-847-4244	2	<a href="http://www.bvpool.com">www.bvpool.com</a>